

April 2017

# The Village Voice

Hilltop Village Apartments: Gracious Senior Living

25900 Euclid Avenue, Euclid Ohio 44132

(216) 261- 8383



## April Birthdays

1<sup>st</sup> Myrna  
Ploenzke

2<sup>nd</sup> Mabel Kindoll

3<sup>rd</sup> Norman Jones

4<sup>th</sup> Willa Dobbs

5<sup>th</sup> Claude Banks

9<sup>th</sup> Duane Foltz

11<sup>th</sup> Ronald  
Backos

12<sup>th</sup> George Lewis

13<sup>th</sup> Sandra Lewis

15<sup>th</sup> Joseph  
Menefee

18<sup>th</sup> Harold  
Salters

22<sup>nd</sup> Jeanette  
Morris

23<sup>rd</sup> Elsie Banks

30<sup>th</sup> Nate Moorer

## Easy Being Green

For 47 years, April 22 has been celebrated as Earth Day across the globe. Today, Earth Day organizers are asking citizens around the world to do a “billion acts of green.” Unsure what constitutes an act of green? Earth Day organizers offer some easy suggestions.

A step that will relieve both the earth and your mailbox is to end junk mail. Over 100 million trees are cut down every year to produce junk mail, producing four million tons of advertisements, catalogs, and solicitations thrown into the trash. Often, a telephone call to those sending junk mail can remove you from their mailing lists.

Many appreciate the value of recycling paper, plastic, and cans, but few understand the value of recycling old computer parts and obsolete technology.

Technology develops so fast that it is no wonder many people toss their cell phones and laptops into the garbage, accounting for 50 million tons of electronic waste each year. Many of these electronic parts contain lead, mercury, cadmium, and other harmful chemicals that leach into our soil and water. Luckily, most local governments have electronic recycling stations ready to accept old and obsolete electronics.

One of the biggest threats to the planet is plastic: bags, bottles, and packaging take 500 to 1,000 years to decompose. Using less plastic, especially plastic grocery bags, is a great way to act green.

Changing old habits is hard, but current innovations are helping to clean up some wasteful habits. “Green” buildings that produce as

much energy as they consume are being built.

New Batteries can store energy for homes and

businesses in a way that reduces pollution. Energy is being harnessed from solar panels, wind turbines, and ocean waves. And if you'd like to help Mother Earth the old-fashioned way, you can always plant a tree on April 28, Arbor Day.



## Monetary Motto

On April 22, 1864, in the midst of the Civil War, the U.S. Congress authorized the phrase “In God We Trust” to appear on currency. During this fractured time, and with uncertainty over the United States’ future, many turned to a higher power for guidance and peace. Then-Secretary of Treasury Salmon P. Chase received a letter from a Pennsylvania minister begging him to recognize “the Almighty God in some form on our coins.” Chase instructed the director of the Mint to come up with a short motto, and it was decided that “In God We Trust” would appear on the two-cent coin. Using the phrase was not mandatory, however, and it wasn't until 1956 that Congress made “In God We Trust” the national motto of the United States





## Hilltop Happenings

On Wednesday, April 5<sup>th</sup>, at 1:00 P.M. Hilltop will be having our annual fire inspection. The staff will need access to every apartment in the community. Please call the office with any questions you may have.

On Tuesday April 11<sup>th</sup> at 2:00 P.M. come down to the craft room and decorate Easter eggs with Hilltop Village! Please sign up with the staff by Thursday April 6<sup>th</sup>.

Here are a few pictures from recent socials at Hilltop Village!



### Village Beauty Salon

Maria, our hairstylist, is here every Wednesday. If you would like to make an appointment, please call: **(440) 342-6217**

### Village Health Center

Dr. Rosenfield is in the Health Center at Hilltop on the first and third Tuesday of July. If you would like to make an appointment, call: **(216) 721-6900**



## April Birthday Luncheon



We will be celebrating all April Birthdays on Tuesday April 25<sup>th</sup>. Lunch will be at noon in the Private Dining Room. Please don't forget to sign-up for the lunch by Tuesday April 18<sup>th</sup>. There is no limit to the amount of guests who can attend as long as they sign-up by the deadline. Chuck Tamblyn G Wizz will entertain residents beginning at 1:00pm in the Main Dining Room, cookies & punch will be served.

If it is your birthday in the month of April, you and two guests will have lunch for free. Additional guests and residents not on a meal plan are welcome to join us for the Birthday Lunch; the cost is \$9.00.

## That's News to Me

Sixty-two percent of Americans now get their daily news not from a newspaper or the radio but from online social media outlets like Facebook, Twitter, and Instagram. If you've never heard of these things, then chances are you still get your news the old-fashioned way. Let's celebrate Snailpapers Day (that's the home-delivered news) on April 7 and Newspaper Columnists Day on April 18.

While technology certainly has its upside, when it comes to online news, there is some

cause for concern. People who gather news via social media have been compared to packrats, gathering small bits of information here and there, without remembering to verify sources, and without getting the whole story.

So are printed "snailpapers" essential to a well-informed society? They certainly bring in-depth news stories to the public, focusing on facts rather than fanaticism. But perhaps the most important role of a true snailpaper is, in the words of Richmond,

Virginia's newspaper editor, "the relationship between a newspaper and the community it covers." This relationship, on the local level, provides a community with invaluable investigative resources and a platform to sing the praises of local heroes.

It has been said that the purpose of journalism is to bring citizens the information they need to be free and self-governing. All the more reason on April 18 to celebrate the columnists who bring us news that is accurate and whole.



### Notable Quotable

"Where ignorance is bliss it's foolish to borrow your neighbor's newspaper."

~ Kin Hubbard, cartoonist and journalist

### Quiz for the Hairs Apparent

- How much does your hair grow every month?
  - 1/4 inch
  - 1/2 inch
  - one inch
- Hair color comes from a pigment called \_\_\_\_\_.
  - hair dye
  - genes
  - melanin
- What determines whether your hair is straight, wavy, or curly?
  - hair follicle
  - shampoo & conditioner
  - hair roots

ANSWERS: 1. b; 2. c; 3. a

## Good Hair Day

Things are going to get a bit hairy on April 30, which is both Hairstyle and Hairstylist Appreciation Day. So many hairstyles are popularized by television and film. Take Farrah Fawcett's soft and feathered look from the 1970s. Another

television show, the 1990s sitcom *Friends*, showcased Jennifer Aniston's layered bob, which came to be known by her character's name, "The Rachel." From Meg Ryan's short and shaggy look to Mia Farrow's tomboy pixie cut, most any style can be

requested by name at the beauty salon. According to the men's magazine *GQ*, there is only one men's cut on trend: a clean, versatile, and professional look that's longer at the crown and faded into a short clipper cut at the sides and back.

